

# ABC UK Patient Information Resources

ABC UK has a wide range of patient support materials – these include leaflets on different types of bladder cancer, a patient treatment decision aid, leaflets on living with a urostomy and many other aspects of living with bladder cancer.

You can order these on our website using the link below or contact us directly at:

**Tel:** 0300 302 0085

**Email:** [info@actionbladdercancer.org](mailto:info@actionbladdercancer.org)

**Order online at**

[www.actionbladdercanceruk.org/order-materials/](http://www.actionbladdercanceruk.org/order-materials/)



## An Action Bladder Cancer UK event

If you have any questions regarding the course, please contact us by using the following details:

Action Bladder Cancer UK (ABC UK)  
6 Trull Farm Buildings,  
Tetbury, Gloucestershire, GL8 8SQ

**Tel:** 0300 302 0085

**Email:** [info@actionbladdercanceruk.org](mailto:info@actionbladdercanceruk.org)  
[www.actionbladdercanceruk.org](http://www.actionbladdercanceruk.org)

[f /Action Bladder Cancer UK](https://www.facebook.com/ActionBladderCancerUK) [@Actionbladderca](https://twitter.com/Actionbladderca)

Registered as a charity no: 1164374

**Action**   
**Bladder Cancer UK**

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# Understanding Bladder Cancer and the latest developments

A Nurses' Education Day  
Friday 16 September 2022,  
The Studio, Birmingham

ABC UK Education Day  
for Urology Nurses and  
Clinical Nurse Specialists

**Action**   
**Bladder Cancer UK**

# Overview

This Education Day aims to provide nurses with up-to-date knowledge on bladder cancer treatments and the newest developments. Urology nurses and cancer nurses across the UK will have the opportunity to network and share their experiences and expertise. This event is also open to nurses who wish to extend their knowledge of bladder cancer and who may be working in other areas of urology or cancer care.

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## 10.00 Registration and refreshments

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### 10.30 Intro to the programme for the day and the work of ABC UK

Information on the work of the charity: its support offer, materials and grants programme

**Paula Allchorne**  
Lead Urology Nurse, Barts NHS Trust,  
ABC UK trustee & EAUN President

**Jackie O'Kelly**  
ABC UK Patient Support Officer

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### 10.35 Is all Haematuria the same?

Risk assessment in relation to haematuria

**Professor James Green**  
Consultant Urological Surgeon, Barts NHS Trust

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### 11.05 GIRFT – TURBT

GIRFT (Getting It Right First Time): Benefits of improving care for patients diagnosed with bladder cancer

**Jenny Akins**  
Urology Advanced Nurse Practitioner, Royal Wolverhampton NHS Trust

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### 11.30 Refreshments

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### 11.40 Intravesical treatments

How to manage side effects, poor tolerance of intravesical agents and shortages

**Jeremy Crew** - Consultant Urological Surgeon,  
Oxford University Hospitals

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### 12.05 The patient perspective

Lived experience and the importance of support groups

**Mark Page**  
ABC UK Patient Representative

**Jenny Akins**  
Urology Advanced Nurse Practitioner

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### 12.35 Lunch & networking

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### 13.15 The role of radiotherapy in the treatment of bladder cancer

Indications where radiotherapy might be an alternative treatment to surgery as curative treatment for bladder cancer. An overview on how the treatment is delivered and the management of side effects.

**Dr Karen Tipples**  
Consultant Clinical Oncologist, Barts Cancer Centre, Barts Health NHS Trust

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### 13.45 Up to date bladder cancer research

An overview of research developments in bladder cancer, from biomarkers to patient pathways, and what may be on the horizon

**Richard T Bryan MBChB PhD MRCS FAcadTM**  
Reader in Urothelial Cancer Research, Director - Bladder Cancer Research Centre,  
Institute of Cancer & Genomic Sciences,  
College of Medical & Dental Sciences, University of Birmingham

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### 14.15 Refreshments

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### 14.30 Sexual wellbeing and why it matters (interactive)

The relevance of talking about sex, including the physical and psychological consequences for bladder cancer patients and their partners

**Lorraine Grover**  
Psychosexual Nurse Specialist, The London Clinic, Harley Street  
and The Shelburne Hospital, Bucks,  
Trustee of the Sexual Advice Association Charity

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### 15.00 Role of the bladder cancer CNS (interactive)

How nurses can make a difference to bladder cancer care

**Paula Allchorne**  
Lead Urology Nurse, Barts NHS Trust,  
ABC UK Trustee & EAUN President

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### 15.30 Summary and Conclusion

Paula Allchorne

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