

# Annual Review **2019**

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# 2019

An overview of our performance, programmes, projects and people January to December 2019.

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[www.actionbladdercanceruk.org](http://www.actionbladdercanceruk.org)

Registered Address: 6 Trull Farm Buildings, Tetbury, Gloucestershire GL8 8SQ

Registered as a charity no: 1164374

## Trustees

### Paula Allchorne

Senior Cancer Nursing Specialist, Lead Urology Nurse, Barts Health NHS Trust

### Rik Bryan

Institute of Cancer & Genomic Sciences, College of Medical & Dental Sciences, University of Birmingham

### Jeremy Crew - Vice Chair

Consultant Urologist, Urological Surgeon and Senior Lecturer, Oxford University Foundation Hospital Trusts

### Peter Harper

Consultant Medical Oncologist – Guy’s, Kings & St Thomas Hospital 1997-2011, Consultant Medical Oncologist and Founder – Leaders in Oncology Care

### Allen Knight

Patient and advisory panel member

### Phil Kelly

Patient, support group leader and advisory panel member (Retired October 2019)

### Roger Kockelbergh - Treasurer

Honorary Professor of Urology (Cancer Studies) University of Leicester, Consultant Urologist and lead clinician in Uro-oncology, Leicester General Hospital

### Mark Page

Bladder cancer patient, support group leader

### Caroline Raw

Bladder cancer patient

### Dr Jon Rees

General Practitioner, special interest in Urology, Chair & Founder Primary Care Urology Society (Retired January 2019)

Our Trustees continue to be a source of expertise and commitment and represent bladder cancer patients, clinicians, nursing, primary care and cancer research. Dr Jon Rees retired in January 2019 and Phil Kelly retired in October 2019 – and we are delighted that both continue to be involved in our work. We shall be adding to our board of 8 trustees in 2020 with an additional patient trustee.

## ABC UK TRUSTEES AND OFFICERS 2019



PAULA ALLCHORNE



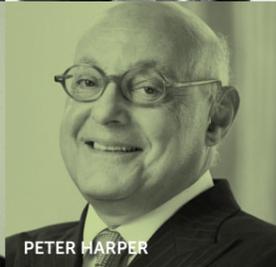
RIK BRYAN



ALLEN KNIGHT



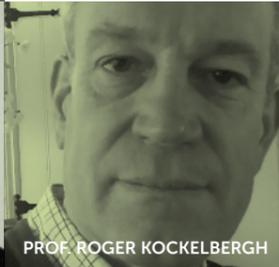
JEREMY CREW



PETER HARPER



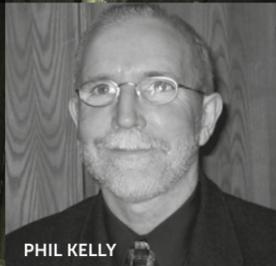
JEREMY CREW



PROF. ROGER KOCKELBERGH



ALLEN KNIGHT



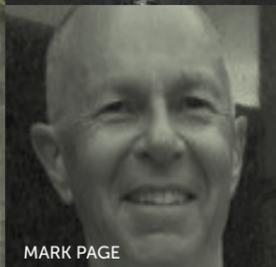
PHIL KELLY



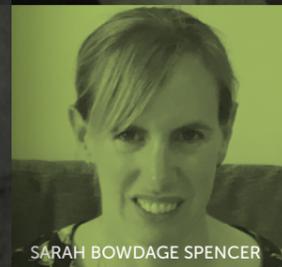
JEANNIE RIGBY



PROF. ROGER KOCKELBERGH



MARK PAGE



SARAH BOWDAGE SPENCER



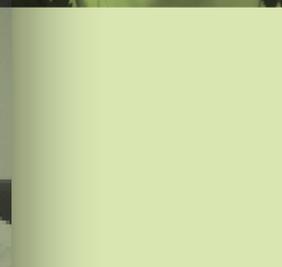
JACKIE O'KELLY



CAROLINE RAW



DR JON REES



PHIL KELLY

## ABC UK OFFICERS & KEY STAFF MEMBERS 2019

## Officers

**Allen Knight**  
Chair

**Jeremy Crew**  
Deputy Chair

**Professor Roger Kockelbergh**  
Treasurer

## Key Staff Members

**Jeannie Rigby**  
Director

**Sarah Bowdage Spencer**  
Patient Support Officer

**Jackie O'Kelly**  
Patient Support Officer

**Phil Kelly**  
Lead Patient Advisor

We are also supported by many patient volunteers and patient advisors across the UK, by project and freelance staff and others donating pro bono skills.

Our work is only possible because of the continued commitment and generosity of our many supporters and friends. We would like to thank many people for helping us to deliver our much-needed work - our Trustees for their energy and expertise over the past year, our volunteers for devoting their time and enthusiasm to us and helping us deliver our programmes and support patients, all those who help to raise funds to support our work and awareness of bladder cancer, the many health professionals who work to treat those with bladder cancer and provide us with their knowledge and expertise, and our many individual donors, trusts and foundations and corporate partners.

**Thank you...**

# Introduction

Action Bladder Cancer UK – ABC UK (previously named Action on Bladder Cancer) – is a national charity founded in 2009 by bladder cancer patients and specialist clinicians working together to support patients.

## Background

We want to get bladder cancer recognised as a common cancer and the level of acknowledgement, public awareness, new treatments and research investment which it merits – and which those with bladder cancer deserve.

Our trustee board includes both clinicians and patients. Our medical trustees represent bladder cancer specialists within urology, oncology, research, nursing and general practice. Our patient trustees provide the insight of direct experience and are leading members of cancer advisory panels, research committees, patient support groups and cancer networks. Our projects and programmes are delivered by a core staff, project staff and trained volunteers (all bladder cancer patients) supported by ABC UK's clinical specialists and health professionals.

Our income comes from public donations and fundraising, trusts and foundations and arms-length grants from corporate partners. We also receive occasional in kind or pro-bono assistance.

## Our Work

We deliver our vital work under four core charitable objectives:

- Raising awareness of bladder cancer
- Supporting patients
- Improving outcomes
- Funding and encouraging research

// Bladder cancer is not rare - it is one of the 10 most common cancers in the UK. //

## 2019 - ACHIEVEMENT, PERFORMANCE AND THE FUTURE

### Overview

ABC UK continues to focus on delivering our strategy to the benefit of those affected by bladder cancer. Since our successful relaunch of the charity in 2016, Action Bladder Cancer UK has continued to grow, building on our past achievements and launching new programmes and projects.

2019 has been an exciting year. Building on the significant progress made in 2018, the Trustees are delighted with the continued development of the charity. We are showing great progress in the development and delivery of ABC UK strategy. Our programmes and projects are increasing in impact and breadth to deliver our core charitable aims of providing high quality support and information for patients, funding and encouraging research into bladder cancer and raising awareness.

We have some significant highlights in 2019. ABC UK has continued to grow income and to increase fundraising activities. This steady increase in income, together with significant funding already confirmed for 2020, is enabling ABC UK to make longer term plans for new activity. We have increased our core staff team – which is already having a strong impact on our work. Our ABC UK patient volunteers are vital to our success and we are delighted to have increased our volunteer networks in 2019 and this will continue to be a priority for us in 2020. We have been working on many new projects and look forward to delivering even more beneficial impacts for those with bladder cancer.

### The Future

We are looking forward to 2020 and beyond and to continuing ABC UK's growth in activity and impact and to continuing to bring benefits to those with bladder cancer.

Further development of direct patient support will be explored during the year and initial investment made in pilot programmes of direct benefit to patients and means of engaging patients.

Our Improving Outcomes for Patients Programme (IOPP) grants are growing in recognition and we look forward to the launch of the ABC UK Nursing Awards. We aim to increase the number of nurse and GP led applications to the programme. Funds we have available will enable us to be reactive and increase this area of expenditure in line with the demand.

We shall be increasing our range of high-quality and well-received information materials and resources – both print and online.

We shall be working on extending our engagement with primary care and hospitals and centres of treatment. We shall be raising our profile by attendance at major events.

The Board looks forward to 2020 and to continuing ABC UK's growth in activity and impact and continuing to bring benefits to those with bladder cancer.

# Our Work

## Awareness Raising

We work to raise the profile of bladder cancer and the unmet needs of patients across the UK.

We do this by working to raise awareness of the symptoms of bladder cancer – bladder cancer is often diagnosed late which can lead to poor outcomes for patients.

We disseminate our patient information materials widely to reach those who need them – these are available both in print and online.

We are building our social media presence, publishing and contributing to awareness articles in public and professional media outlets, our patient representatives have appeared in print and broadcast media to highlight the needs of those with bladder cancer.

We attend events, seminars and major conferences to help raise the profile of bladder cancer and to publicise the work of ABC UK and the support we offer. We attend community events and events in hospitals and cancer centres, and the many volunteer run fundraising events also provide a very effective opportunity to raise awareness.



## Putting the Patient Perspective

The voice of bladder cancer patients is often not heard. We continue to support, provide patient input to, and publicise, clinical trials for bladder cancer treatments, and assist with patient recruitment and provide feedback and input into trial development.

We also contribute to many consultations and expert roundtables and provide patient briefing and viewpoint to many within the bladder cancer sector.

We regularly attend, and speak at, major conferences, seminars and study days for health professionals - such as urologists, cancer nursing specialists and urology nurses - where we work to raise awareness and present the patient perspective.

## Policy

There is a pressing need for new, effective, treatments for bladder cancer – which is still one of ABC UK’s core campaigning priorities. We continue to participate in the regulatory processes for new treatments with NICE and the SMC in Scotland by providing expert input to consultations and ensuring that the patient voice is represented.

We contribute to PHE and NIHR consultations and research panels relating to bladder cancer.

We work, and lobby, to raise the profile of bladder cancer with decision makers and to influence the healthcare agenda.

ABC UK were delighted to be a founding member of the World Bladder Cancer Patient Coalition when it launched in Spring 2019 – a global network of bladder cancer patient groups.

## Supporting and Educating Healthcare Professionals

ABC UK works closely with health professionals. We are very grateful for the help and support of our many friends within urology and cancer services and also primary care. We also work to provide them with patient materials, training and support to help them treat those with bladder cancer.

We work with nurses to set up and sustain support groups for bladder cancer patients; develop new patient materials; speak at training days, seminars and conferences; provide articles and input for healthcare publications; provide information materials and advice.



We attend other relevant patient focused discussions and are regularly invited to speak and attend international conferences and seminars.

# ABC UK'S PATIENT SUPPORT SERVICES

## Supporting Patients

Bladder cancer patients have little support available which relates directly to their bladder cancer or to their specific needs. ABC UK provides much-needed high-quality information and direct support for those with bladder cancer, and their families, and helps health professionals do their job to treat and support bladder cancer patients.

Support is needed at different stages in the treatment journey and to be available in a variety of forms. We believe in being accessible to as many patients as possible – some patients will look online, others want to read a printed leaflet or want a chance to speak to someone face to face, others will phone us (or a family member will) to seek information about treatments or decisions they face, others will go to events or a support group meeting – so we work to make our information resources and support available in as many different forms or opportunities as possible.

## Patient Information

The ABC UK website is a source of high-quality bladder cancer information. [www.actionbladdercanceruk.org](http://www.actionbladdercanceruk.org)



ABC UK's Information booklets for Muscle-invasive and Non Muscle-invasive bladder cancer



A range of ABC UK Living with Bladder Cancer information sheets



We produce a wide range of bladder cancer information resources – including symptoms awareness materials, leaflets about bladder cancer and information sheets on Living with Bladder Cancer. These are all available as online downloads or in printed format. We supply all our materials – free - to patients, hospitals and clinics, support groups, cancer centres, events and many others.

In 2019, we have significantly extended our range of online and printed resources available to patients, providing authoritative and accessible information on bladder cancer and Living with Bladder Cancer.

We work closely with patients and expert health professionals to produce these high-quality materials. These materials have also been welcomed by health professionals. This range of materials will continue to be developed throughout 2020.

One example of an important new ABC UK resource is a Patient Decision Aid. It is widely acknowledged that the decision on bladder removal or other treatment remains a very difficult one for high risk non muscle invasive bladder cancer patients.

This aid gives patients information about the three most common treatment options and will help to enable the patient

to have an informed discussion with their medical team and to make the decision which is best for them.

We are also undertaking work to map the bladder cancer pathway. The treatment journey from diagnosis can be long and complicated and this resource will empower people at every stage of their bladder cancer journey, helping them find up to date, accurate and trusted information to enable them to make informed decisions about their care and understand what to expect.

ABC UK Patient Decision Aid – to help patients with a difficult decision on treatment



As with many of our other resources, neither of these projects has been done elsewhere.

### Direct Patient Support

We provide direct support to patients and family members who contact us asking for information and support – frequently people tell us that they are unable to find suitable help elsewhere. Our volunteers, all bladder cancer patients, provide direct support by phone or email. The volume of patients contacting us has grown over 2019, and we are currently reviewing how we will extend these services in 2020 and onwards. We continue to expand our network of volunteer Patient Support Advisors (all bladder cancer patients). In response to the need for expert direct support, we are intending to launch a Nurse-led Patient Helpline in 2020.

### Bladder Cancer Support Groups

We have continued our successful work with major hospitals and patients to establish new support groups for those affected by bladder cancer across the UK. ABC UK has now initiated 25 new groups across the UK (starting from only 10 groups in the whole of the UK), with several more in the planning stages focusing on regions where no support is currently available. Our Patient Support team also work with groups to help them sustain their activity and we continue to develop resources for use in group meetings.

### Our Support Team - ABC UK Patient Support Officers

Early in 2019 we welcomed two new Patient Support Officers to our team who work across the UK to support patients and health professionals, build networks and raise awareness of bladder cancer and the work

“ We have continued our successful work with major hospitals and patients to establish new support groups for those affected by bladder cancer across the UK. ”



of ABC UK. Our new team members have taken the ABC UK stand to many events at conferences, hospital events and regional cancer networks. They have spoken to support groups, visited hospitals to talk about our services for patients, talked to groups of nurses about ABC UK and bladder cancer. They have also been helping to develop our new services and events. We are excited about the impact these new roles are having on our work and our ability to reach even more patients, to work closely with health professionals and in building stronger national networks for ABC UK. With our new team members in 2019 we have been able to increase significantly the number of events we can attend across the UK, the number of regional support groups we can sustain and the sheer amount of beneficial work we can achieve to support patients (and the health professional who treat them).

We will be recruiting again in 2020 and adding to our ABC UK team.

### National Programme of Patient Events

One area of new activity we have been focusing on, is developing a programme of regional events for patients. There is no national programme of information events for those with bladder cancer and we know there is a great need for this kind of opportunity for patients (and their partner or carer) to find out more about their cancer, and also to meet others and ask questions. This programme will launch in 2020.

There is a significant lack of research investment in bladder cancer. Despite being a common cancer, bladder cancer receives less than 1% of national cancer research investment. This has a direct impact on the development of new treatments for bladder cancer, poor patient outcomes, and the patient experience for those with bladder cancer.

## Improving Outcomes for Patients Programme (IOPP)

We wanted to do something about this - and ABC UK's unique grants programme, IOPP, was established in 2016 dedicated to encouraging work to directly improve outcomes and patient experience for those with bladder cancer. It is the only discrete UK grants programme which focuses solely on bladder cancer and is growing in size and influence each year. We are delighted that, since launching, we have been able to fund some exciting and valuable pieces of work with direct beneficial impacts for those with bladder cancer and for future research.

In response to the outstanding success of previous rounds, we have expanded the programme. For grants awarded in 2019, we included a separate category of award for projects based within primary care, in addition to funding projects based within a research environment or urology/cancer treatment specialism.

We look forward to our grants programme growing each year both in number of applicants and the amount awarded to successful projects.

## ABC UK IOPP 2020 (Improving Outcomes for Patients Programme) and ABC UK Nursing Awards

IOPP 2020 and, our new category, the ABC UK Nursing Awards launched in November 2019, with the application window closing in February 2020.

Action Bladder Cancer UK is a National Institute for Health Research (NIHR) non-commercial Partner, meaning that the studies that ABC UK funds may also be eligible to access NIHR Clinical Research Network (CRN) support. The NIHR CRN has now extended support into health and social care research taking place in non-NHS settings.

## ABC UK IOPP 2019 Grants

Details of each of the projects funded in the 2019 round of IOPP grants follow. These exciting projects are very varied and range across early detection of bladder cancer, epidemiological research and directly improving the patient experience.

# IOPP 2019 GRANTS AWARDED

Applications to the third round of ABC UK's unique annual small grants programme - IOPP were very varied in areas of interest and of high quality. We were delighted to award five grants to applicants this year. These projects have the potential to impact on diagnosis, improving the effectiveness of treatment by developing targeted strategies and improving the patient experience.



## Research & Clinical Grant Category

### The Patient Experience of the Treatment Pathway

#### PROJECT:

Pilot testing of a new questionnaire for the assessment of the bladder cancer treatment pathway.

#### PROJECT LEADS:

**Dr Alan Uren**, Bristol Urological Institute, North Bristol Trust Department of Urology, Southmead Hospital, Bristol;

**Edward Rowe**, Consultant Urological Surgeon;

**Nikki Cotterill**, Associate Professor in Continence Care, University of West of England;

**Paul Abrams**, Honorary Professor of Urology, University of Bristol/Head of Teaching & Research at the Bristol Urological Institute

#### PROJECT OBJECTIVES:

The aim of this project is to allow patients to report their experience of their bladder cancer treatment pathway - from diagnosis to treatment, recovery and follow-up. There is a clinical need to allow patients to report their experiences of receiving bladder cancer treatment, interventions and the distribution of NHS resources can then be targeted to areas that may be improved. A draft questionnaire has been developed based on the feedback from both patients and health professionals. This study involves testing the questionnaire to understand how well it performs with patients in different hospitals in the United Kingdom.

The complex patient pathway involved in treating bladder cancer, can result in unmet patient needs related to different management options from diagnosis, treatment to recovery.

Currently, in UK hospitals mandatory clinician reported data is completed following bladder cancer treatment but patient reported outcomes are not routinely collected. In particular, there is a drive nationally to record surgical outcomes (e.g. post-operative complications). Patient reported experience measures (PREMs) allow the objective measurement and assessment of a particular service or aspect of patient care. Currently no patient PREMs have been developed that are specific to the bladder cancer treatment pathway. Existing patient experience questionnaires are often lengthy and are applicable to the general cancer pathway or other specific cancer types. In the current study, a draft questionnaire developed using feedback from patients and clinicians will be pilot tested in the patient population.

## Research & Clinical Grant Category

### The Impact of Social Deprivation on Bladder Cancer

#### PROJECT:

Examining the relationship between social deprivation and disease characteristics and survival outcomes from Urological cancers

#### PROJECT LEADS:

Marcus Cumberbatch, the Medical School, University of Sheffield with input from Professor Jim Catto and Professor Georgios Lyratzopolous

#### PROJECT OBJECTIVES:

This project will explore whether bladder cancer is more common in low-income areas across the UK and if such persons may be diagnosed at a later stage of the disease. The study will investigate if this impacts on the treatment options available and survival, by using cancer registry databases, matching information on cancer characteristics with government data on regional income and deprivation levels. It is hoped that this work will lead to targeted resource allocation and improved public engagement, as well as potentially lead to screening for cancers amongst high-risk groups and improvements in diagnostic and treatment pathways.

The disease specific survival for bladder cancer is not improving, suggesting there needs to be a change to care paradigms. Despite a stagnation in novel treatment benefits, a greater impact may be obtained through targeted 'case-finding' of high-risk

individuals identified through focused epidemiological studies. Prevention is better than cure.

There is growing evidence of a difference in health outcomes across society. Health inequalities are systematic and remediable differences, often related to socio-economic status. It is one of the top six NHS priorities. Studies revealed that although overall life-expectancy has been increasing, the gap between top and bottom has persisted and occasionally widened.

Evidence suggests bladder cancer is more common in low-income areas, furthermore referral to secondary care can be a slower process in these regions. The unknown is whether these persons suffer from worse index stage and grade cancers, and whether their clinical pathways and outcomes differ from those living in higher resource regions.

## Nursing Category

### An Unmet Need

#### PROJECT:

Addressing sexual function in post-cystectomy bladder cancer patients - an unmet need

#### PROJECT LEADS:

Urology/Oncology Nursing Staff, Guy's and St Thomas's NHS Trust and King's College London: Fee Cahill, Harriet Wylie, Suzanne Amery, Kathryn Chatterton, Samantha Broadhead, Karen Briggs, Mieke Van Hemelrijck



#### PROJECT OBJECTIVES:

From talking to post-cystectomy bladder cancer patients, the bladder cancer nurses have made observations that many of these patients (in particular men) are reporting concern around their lack of sexual function post-op. The team aims to change how patients are educated and help them to have realistic expectations of their post-op sexual function. Patients will be given written information at the pre-op Enhanced Recovery clinic; post-operatively, patients will be invited to attend an andrology (sexual health medicine) clinic, to support them to accept and enhance their 'new' post-op sexual function.

The objective is to understand and address the unmet needs, and improve the clinical outcomes, of bladder cancer patients who have undergone a radical cystectomy for whom altered sexual function is a concern. The team will endeavour to fully understand patients' post-cystectomy sexual function needs and determine how they can support and educate them pre-operatively via written information and post-operatively via a monthly andrology education seminar/clinic. Addressing this unmet need will fully prepare patients for the sideeffects they may experience in the post-operative setting, ensure an informed decision is made regarding their cystectomy and alleviate decision regret post-operatively.

## Primary Care Category

### Improving Early Detection of Bladder Cancer

#### PROJECT:

Embedding haematuria guidelines into practice and improving staff and patient awareness

#### PROJECT LEADS:

Dr Leah Jones, Compass House Medical Centre, Brixham

Dr Janet Lurie, Compass House Medical Centre, Brixham

Ian Parsonage, Advanced Nurse Practitioner



#### PROJECT OBJECTIVES:

Introducing a protocol that will allow all practice staff to manage patients who present with blood in the urine, whether visible or non visible to the eye. There can be serious causes for blood in the urine, such as bladder cancer, the team want to ensure none of these are missed, and equally, that patients are not worried needlessly, if they do not fulfil the criteria for referral.

The aim is to educate patients in the importance of blood in the urine so that they can be informed and come to the surgery as soon as they realise there is a problem.

- A haematuria protocol that can be embedded into practice. Training of staff from reception to clinicians in how to use the protocol and the importance of haematuria.

- A robust mechanism for detecting early signs of possible bladder cancer, and conversely, a reduction in over-referring haematuria, when not clinically significant, according to guidance.
- Raise profile of haematuria amongst patients using videos and leaflets in surgery.
- This would have several benefits for patients.
- Improve awareness of the importance of haematuria.
- Improve early detection of possible bladder cancer.
- Reduced unnecessary referral of patients who do not meet the red flag criteria, in accordance with guidelines.

## Primary Care Category

### Supporting those with bladder cancer

#### PROJECT:

Improving primary care support offered to those living with and beyond bladder cancer

#### PROJECT LEADS:

Dr Veronica Nanton, Warwick Medical School University of Warwick

Lisa Hall, Macmillan Nurse facilitator (advisory role)

Geoffrey Entwhistle, living with bladder cancer (advisory role) Research Associate



#### PROJECT OBJECTIVES:

People living with and beyond bladder cancer may experience a range of concerns because of their condition or treatment. Identifying these issues and communicating them are first steps in developing a care plan with a health care professional (HCP). The project looks at how to address this by adding bladder cancer to an existing online digital resource designed to help patients identify and share concerns with HCPs and find information and support. To develop this resource we will explore patient questionnaires used in bladder cancer, and consult patients and HCPs about how to group and present items.

National patient surveys indicate poorer experiences among patients with bladder cancer in comparison to other common cancers, indicating that current care is suboptimal for this patient group. NICE guidelines for the diagnosis and management of bladder cancer advise using a holistic needs assessments (HNA) at specific time points (diagnosis, first treatment, cancer progression or recurrence, treatment change

and discussions of end of life care) to inform support for people with bladder cancer, partners, family members or carers - to provide an opportunity to discuss both specific (e.g. type, stage and grade of cancer and likely prognosis, potential treatments and complications) and other (e.g. sexual health, lifestyle, information, support, occupation, and finances) concerns. The project proposes that online bladder cancer holistic needs assessment, embedded into existing NHS IT infrastructure with patient and HCP facing platforms, has the potential to revolutionise care for patients with bladder cancer - information can be shared electronically between clinical nurse specialists, primary care and patients, thus improving treatment services, enhancing perceived confidence to work with cancer among practice nurses and facilitate patient-centred consultations. The expansion of this resource to include bladder cancer could ultimately raise awareness and confidence to work with bladder cancer in primary care and improve the support offered to these patients.

## CLINICAL TRIALS AND OTHER RESEARCH



There has been little advance in new treatments for bladder cancer for many decades, and ABC UK welcomes the development of some potential new therapies in recent years.

ABC UK continues to support clinical trials by providing the full range of Patient and Public Involvement services, including:

- working on the development of trials materials for patients
- providing patient members of panels
- providing patient members of research panels including Trial Management Group members and Trial Steering Committee members to a range of bladder cancer randomised controlled trials (RCTs).
- reviewing trials literature and helping to develop patient advice materials for trial participants

- providing patient input and support for research funding applications
- facilitating patient focus groups
- designing patient surveys amongst many other contributions

We also continue to work to encourage patient recruitment to trials and publicise current trials on our website.

We also commission and carry out our own ABC UK research and surveys.

# Thank you

# Our Supporters

## Team ABC UK

We are very grateful to our wonderful fundraisers – who do amazing things to raise much-needed funds to make our work possible. We couldn't do it without you.

Thank you to all the wonderful runners who took part in one of our events in 2019 - we had ABC UK teams in the London Landmarks Half Marathon 2019, the Oxford Half Marathon and the Great North Run 2019. Our fundraising teams were all either bladder cancer patients, or family and friends.

Thank you as well to the many other people who do all sorts of imaginative things to raise funds for ABC UK.

Thank you!





*The Urology Team from Whipps Cross Hospital, Barts Health NHS Trust did a 10k walk around Central London in December 2019 in memory of their colleague Shieny Abraham (Bladder Cancer Nurse Specialist) who had sadly passed away from cancer on the 30th November 2018. Shieny was the recipient of an ABC UK IOPP grant in our first year of awards - for a project to improve the patient experience of those with bladder cancer – her work was continued by her colleagues and has shown great benefits for patients. All funds raised were donated to ABC UK.*



**For more information contact**

W: [www.actionbladdercanceruk.org](http://www.actionbladdercanceruk.org)

E: [info@actionbladdercanceruk.org](mailto:info@actionbladdercanceruk.org)

T: 0300 302 0085

Registered charity no: 1164374

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 December 2019 for  
Action Bladder Cancer UK

Contents of the Financial Statements for the Year Ended 31 December 2019

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The trustees present their report with the financial statements of the charity for the year ended 31 December 2019. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in 2015.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**  
1164374

**Principal address**  
6 Trull Farm Buildings  
Tetbury Gloucestershire  
GL8 8SQ

**Trustees**  
Mr Roger Kockelbergh (Treasurer) Mr  
Jeremy Crew (Vice Chair)  
Ms Paula Allchorne  
Mr Allen Knight (Chair)  
Mr Rik Bryan  
Mr Phil Kelly (retired October 2019)  
Dr Jon Rees (resigned January 2019)  
Mr Mark Page  
Mr Peter Harper  
Mrs Caroline Raw

**Independent Examiner**  
Dunkley's  
Woodlands Grange  
Woodlands Road  
Bradley Stoke Bristol  
BS32 4JY

**Administrators**  
The Trust Partnership 6  
Trull Farm Buildings  
Tetbury Gloucestershire  
GL8 8SQ

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

Action Bladder Cancer UK was constituted as a Charitable Incorporated Organisation on 9<sup>th</sup> July 2015 and became registered charity on 12 November 2015. The charity is governed by its present constitution which was adopted on 9<sup>th</sup> July 2015. The charity had originally been established as Action on Bladder Cancer in 2009.

### **Recruitment and appointment of new trustees**

Where there is a requirement for new trustees, these would be identified and appointed by the current trustees and elected by the members of Action Bladder Cancer UK at a General Meeting. The chair of trustees is responsible for the induction of any new trustee which involves a briefing on a trustee's responsibilities, the governing document and policies, administrative procedures, the history of the Charity and the philosophical approach of the charity. All trustees provide their services as trustees for free.

### **Key management personnel**

The trustees consider that they, and the Clerk to the trustees, comprise the key governance of the charity. The Director manages the charity and is in charge of directing and controlling, running and operating the charity on a day to day basis. Including income generation, management and development of the charity. The trustees receive no remuneration. The Director also manages the ABC UK core team of patient support staff and project staff.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have identified a register of risks which they review annually.

The trustees have reviewed the risk register, the risks identified and the processes to manage or mitigate any risk. The trustees are satisfied that all potential major risks have been considered and a mitigation management process identified.

As part of this process, some of the key agreed actions are:

- regular strategic reviews and communication of core charitable messages
- a skills audit of trustees to mitigate loss of core skills
- annual review of accountants' and auditor's performance and regular review of charitable expenditure and financial delegations
- a clear process for back up and cyber security of data
- trustee training and clear guidance on governance responsibilities and regulatory requirements

In looking to the future, the trustees will continue to monitor the risks associated with its investments and continue to be vigilant as to other risks that might be associated with a grant making charity.

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objects of the charity as defined by the constitution are the relief of sickness and preservation of health in particular but not exclusively by:

- educating the public about bladder cancer and raising awareness of its prevalence, diagnosis and treatment.
- working with health professionals, patients and carers to improve care and treatment of those with bladder cancer.
- promoting and supporting research into bladder cancer and disseminating the useful results for the public benefit.

### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives, in planning future activities and setting grant making policy for the year and that they have complied with the duty in section 17(5) of the 2011 Charities Act.

The trustees are satisfied that all charitable activities during the year are for the benefit of the public and the benefits of each and every activity are clearly identifiable.

- 1 Patient Support – providing information and support on bladder cancer.
- 2 Continued development of website to provide comprehensive information about bladder cancer for patients and health professionals.
- 3 Providing bladder cancer Patient Support Officers working nationally to support patients and health professionals and build beneficial networks.
- 4 Continued development of network of regional Patient Support Groups to act on a local level. Linking with regional cancer and health networks to improve patient support.
- 5 Raising public awareness through campaigns, information materials, media and events.
- 6 Raising professional awareness through education materials, information dissemination, targeted media and events.
- 7 Raising awareness with influencers including government and others.
- 8 Funding and encouraging research; funding research through ABC UK's grants programme; supporting research through involvement in clinical trials, research panels and providing patient input to research projects.
- 9 Campaigns and policy initiatives.
- 10 Collaborating with other organisations with an interest in bladder cancer to ensure a coordinated approach to raising awareness of the issues surrounding bladder cancer and enabling change.

### **Charitable activities**

The trustees normally meet four times a year to agree funding priorities, charitable activities, strategy and policy.

The Trust Partnership handle the administration for Action Bladder Cancer UK and also look after the financial affairs of the charity on a day to day basis.

The Charity is supported by an active network of volunteers, core staff and project staff who help deliver programmes and projects, set up support groups and provide patient viewpoint on all new projects and materials produced by the charity.

## **ACHIEVEMENT AND PERFORMANCE**

Action Bladder Cancer UK has continued to grow since our successful top-to-toe relaunch of the charity in 2016, building on our past achievements and launching new programmes and projects. We have increased our volunteer networks and our staff team. ABC UK trustees continue to be a source of expertise and commitment and represent bladder cancer patients, clinicians, nursing, primary care and cancer research. Dr Jon Rees resigned in January 2019 and Mr Phil Kelly retired in October 2019, making a board of 8 Trustees in all. Both Dr Rees and Mr Kelly continue to support ABC UK and act as Advisors.

ABC UK continues to focus on delivering our strategy to the benefit of those affected by bladder cancer. ABC UK's core areas of activity are: directly improving patient awareness, improving patient support, improving outcomes for bladder cancer patients and funding and encouraging research into bladder cancer. A summary of key activity is below (more detailed information on ABC UK activities and programmes can be found in the ABC UK 2019 Annual Review):

### **AWARENESS RAISING**

We work to raise the profile of bladder cancer and the unmet needs of patients across the UK:

- Disseminate ABC UK materials widely both print and online.
- Social media and online presence, awareness raising via articles in media, patient and clinician representatives have appeared in print and broadcast media to highlight the needs of those with bladder cancer.
- Events, seminars, conferences; Volunteer led awareness raising events.

### **PATIENT SUPPORT**

#### **Patient Information and Direct Patient Support**

- Bladder cancer information both online and in print.
- Direct patient support by phone and online.
- Bladder cancer patient support groups, ABC UK Patient Support team and Patient Advisors, Patient events.
- Supporting health professionals

### **RESEARCH**

There is a significant lack of research investment into bladder cancer. This has a direct impact on the development of new treatments for bladder cancer, poor patient outcomes, and the patient experience for those with bladder cancer. We work to improve research into bladder cancer by:

- ABC UK's grants programme – Improving Outcomes for Patients Programme (IOPP).
- ABC UK's Nursing Awards – grants for specialist nurses.
- Action Bladder Cancer UK is a National Institute for Health Research (NIHR) non-commercial Partner.
- Patient and Public Involvement support to a number of bladder cancer clinical trials

#### **ABC UK Improving Outcomes for Patients Programme - IOPP 2019**

We were delighted to award five grants to applicants this year. These projects have the potential to impact on diagnosis, improving the effectiveness of treatment by developing targeted strategies and improving the patient experience.

**The IOPP 2020** grant round opened for applications in November 2019.

**ABC UK Nursing Awards 2020** – these new Awards for specialist nurses also launched in November 2019.

### **PUTTING THE PATIENT PERSPECTIVE**

We continue to support, provide patient input to, and publicise, clinical trials for bladder cancer treatments, and assist with patient recruitment and provide feedback and input into trial development. We also contribute to consultations and expert roundtables and provide patient briefing and viewpoint to many within the bladder cancer sector. We regularly attend conferences, seminars and study days for health professionals - such as urologists, cancer nursing specialists and urology nurses - and provide patient representatives for advisory boards and research panels and carry out our own research.

### **SUPPORTING AND EDUCATING HEALTHCARE PROFESSIONALS**

ABC UK works closely with health professionals. We work with nurses to set up and sustain support groups for bladder cancer patients; develop new patient materials; speak at training days, seminars and conferences; provide articles and input for healthcare publications; provide information materials and advice. Current work includes: developing bladder cancer study days and workshops; e-learning online resources for nurses and GPs.

### **POLICY**

We are regular contributors to NICE, SMC, PHE, NIHR consultations relating to bladder cancer. ABC UK are members of the World Bladder Cancer Patient Coalition. We attend other relevant patient focused policy discussions and are regularly invited to speak and attend international conferences and seminars. We lobby on bladder cancer issues, and work to raise the profile of bladder cancer with decision makers and to influence the healthcare agenda.

### **Thank you to our supporters**

Our work is only possible because of the continued generosity and commitment of our many existing and growing number of new supporters. These include our many donors, trusts and foundations, corporate supporters (both those with a direct interest in bladder cancer and others), and our patient volunteers who help us deliver our projects and programmes and the many members of the public who raise much needed funds to support our work. Many individuals show enormous commitment to supporting ABC UK and our much-needed work and we are extremely grateful to you all. **THANK YOU!**

### **FINANCIAL REVIEW**

During the year ended 31st December 2019 the charity received income on an accruals basis totaling £121,356 (2018: £172,111). Cash income as a result of prior year accruals was £247,941, which included a legacy of £74,000 (2018: Cash income £147,910). The day to day management of receipts and payments is handled by the charity's administrator and bookkeeper, with regular oversight from Trustees at meetings.

Total expenditure for the period, including fundraising, operational and charitable expenditure, was £133,474 (2018: £87,876). Net expenditure on an accruals basis for the period was £12,118 (2018: Net income £84,235). Allowing for prior year accruals, the cash surplus in 2019 was £111,882 (2018: £60,235). At the end of the financial year unrestricted reserves, excluding income which was accrued and expected in 2020, totaling £50,000, were £271,887 (2018: £260,005). This allows 9 months of core running costs, together with a planned increase in expenditure to c£180,000 in 2020.

Income raising activities have been increasing in 2019 and this has resulted in a growing number of active fundraising supporters, an increase in general donations, in memory donations and legacies. We continue to have valued corporate partners. We enter 2020 in a strong position, with increased levels of funding already confirmed for the next financial year. We shall continue to focus on building this funding base and on widening our income to include increased income from trusts and other funders.

The additional income raised this year has been designated within our business plan, and details of our increased expenditure in 2020 are detailed under Future Developments below.

### **Reserves policy**

It is the policy of the trustees to hold sufficient funds in hand to cover grant commitments and expenses for the current financial year and to maintain an appropriate budget for future years to ensure that they could cover longer term commitments.

The commitments and liabilities within one year totalled £15,151 as at 31 December 2019 (2018: £9,581). The Trustees considered that the cash balance of £279,928 as at 31 December 2019 was sufficient to cover these commitments and future financial commitments such as payroll and identified areas of increased expenditure for 2020 including building a research fund..

### **Going Concern**

The Trustees of the charity believe that there are no material uncertainties that may cast significant doubt about the ability of the Charity to continue as a going concern.

### **FUTURE DEVELOPMENTS**

Building on the significant progress made in 2018, the Trustees are delighted with the continued development of the charity. We continue to show considerable progress in the development and delivery of ABC UK strategy. Our programmes and projects are increasing in impact and breadth to deliver our core charitable aims of providing high quality support and information for patients, improving research into bladder cancer and raising awareness.

ABC UK has continued to grow income and to increase fundraising activities. This steady increase in income, together with significant funding already confirmed for 2020, is enabling ABC UK to deliver new projects and programmes, make longer term plans for new activity and also to increase our core staff team – our two new patient support officers are having a strong impact and we look forward to building this team further and also strengthening our core staff team. We are also delighted that we continue to increase the number of ABC UK volunteers, and this will continue to be a priority in 2020.

The legacy received in January 2019 (which was accrued in the accounts for 2018) will be spent primarily on the further development and distribution of patient information materials and support the planning for wider patient support and engagement and our growing grants programme.

Our Improving Outcomes for Patients Programme (IOPP) grants are growing in recognition and impact and we have now launched the ABC UK Nursing Awards to complement this programme and we aim to increase the number of nurse and GP led applications to the programme through more targeted communications. Funds we have available will enable us to be reactive and increase this area of expenditure in line with the demand.

Further development of direct patient support will be explored during the year and initial investment made in pilot programmes of direct benefit to patients such as patient events, a patient helpline and other forms of direct support.

The Board looks forward to 2020 and to continuing ABC UK's growth in activity and impact and continuing to bring benefits to those with bladder cancer.

#### **NOTE:**

The Covid-19 pandemic in Spring 2020 is having an impact on both our activity and also on fundraising. Whilst we have seen an initial drop in public fundraising activities (due to cancellation of public events etc) and unsolicited donations (due to uncertainty), we have been successful in identifying and receiving additional funds through corporate and trust supporters to replace this lost income. As at June 2020, we have already confirmed income to cover normal expenditure for 2020. We anticipate that public fundraising and donations will slowly rise over the rest of 2020, however are being cautious regarding expenditure due to the current uncertainty, and some planned programmes will now launch in 2021 due to continuing restrictions and risks (particularly for cancer patients). We have sufficient reserve levels to continue as a healthy going concern. We have however been undertaking work to continue supporting patients by various means and have fast-tracked projects which enable additional forms of support or provision of information.

#### **STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2015 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2015 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website.

ON BEHALF OF THE BOARD:

***Allen Knight***

Mr Allen Knight (Chair)

Date: 20/07/2020

**Independent Examiner's Report to the Trustees of Action Bladder Cancer UK**

I report on the accounts for the year ended 31 December 2019 set out on pages nine to sixteen.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period (under Section 144(2) of the Charities Act 2011 (the Charities Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the
  - to keep accounting records in accordance with Section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Dunkley FCA  
Dunkley's  
Woodlands  
Grange  
Woodlands Lane  
Bradley Stoke  
Bristol  
BS32 4JY

Date: 17/07/2020

## Statement of Financial Activities for the Year Ended 31 December 2019

		Year Ended 31.12.19	Year Ended 31.12.18
	Unrestricted funds £	Total Funds £	Total Funds £
<b>Income</b>	Notes		
Donations	2	66,851	140,491
In-kind income		-	-
Activities for generating funds	3	10,000	10,000
Fundraising events		43,941	21,620
Interest received		564	-
<b>Total income</b>		<b>121,356</b>	<b>172,111</b>
<b>EXPENDITURE</b>			
<b>Costs of generating funds</b>	4		
Costs of generating voluntary income		2,684	2,464
Costs of generating sponsorship income		7,748	7,113
Costs of fundraising events		5,905	3,523
		16,337	13,100
<b>Charitable activities</b>			
Patient Information (in-kind expenditure)		-	-
Educating the public/awareness raising	5	33,489	30,187
Patient support	5	56,468	22,900
Improving outcomes	5	27,181	21,689
		117,138	74,776
<b>Total expenditure</b>		<b>133,474</b>	<b>87,876</b>
<b>NET (EXPENDITURE) / INCOME</b>		<b>(12,118)</b>	<b>84,235</b>
<b>Net movement in funds</b>		<b>(12,118)</b>	<b>84,235</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>		<b>334,005</b>	<b>249,770</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>321,887</b>	<b>334,005</b>

Action Bladder Cancer UK

Balance Sheet at 31 December 2019

Notes	Notes	Unrestricted funds	31.12.19 Total funds	31.12.18 Total funds
		£	£	£
<b>CURRENT ASSETS</b>				
Debtors	10	57,110	57,110	181,875
Cash at bank		279,928	279,928	161,711
		337,038	337,038	343,586
<b>CREDITORS</b>				
Amounts falling due within one year	11	15,151	15,151	9,581
<b>NET CURRENT ASSETS</b>		321,887	321,887	334,005
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		321,887	321,887	334,005
<b>NET ASSETS</b>		321,887	321,887	334,005
<b>FUNDS</b>				
Unrestricted funds	12		321,887	334,005
<b>TOTAL FUNDS</b>			321,887	334,005

The financial statements were approved by the Board of Trustees on 17/07/2020 and were signed on its behalf by:

**Allen Knight**

Mr Allen Knight (Chair)

**Roger Kockelbergh**

Mr Roger Kockelbergh (Treasurer and Trustee)

## **1. ACCOUNTING POLICIES**

### **Accounting convention**

These accounts have been prepared for the twelve-month period to 31<sup>st</sup> December 2019. The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant accounting policies below or the notes to these accounts. The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) issued on 16 July 2014, Update Bulletin 1 issued on 2 February 2016, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102. The accounts are presented in sterling and are rounded to the nearest pound.

### **Critical accounting estimates and areas of judgement**

Preparation of the financial statements requires the trustees to make significant judgements and estimates. The trustees do not consider that there are any sources of estimation uncertainty or any key judgements made in the preparation of the financial statements.

### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these financial statements. The trustees have made this assessment in respect to a period of one year from the date of approval of these financial statements. The trustees of the charity have concluded that there are no material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees are of the opinion that the charity will have sufficient resources to meet its liabilities as they fall due.

### **Income**

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income, it is probable that it will be received and the amount can be quantified with reasonable accuracy.

Donated facilities - where the organisation is given facilities and services for its own use which it would otherwise have purchased, these are included in the organisation's accounts as income and expenditure when received, provided the value of the gift can be measured reliably.

### **Expenditure**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Expenditure on grants is recorded once the charity has made an unconditional commitment to pay the grant and this is communicated to the beneficiary or the grant has been paid, whichever is earlier. Grants offered subject to conditions which have not been met at the period end date are noted as a commitment but not accrued as expenditure. Should circumstances arise where the grant is repayable, this is accounted for at the point when the grant is received. If this is after the balance sheet date and known about it is reflected in the accounts as a post balance sheet event.

### **Debtors**

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

### **Cash at bank and in hand**

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition.

### **Creditors and provisions**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the

debt. They have been discounted to the present value of the future cash payment where such discounting is material.

### Taxation and Value Added Tax

The charity is exempt from tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

### Statement of cash flows

The financial statements do not include a statement of cash flows because the charity is exempt from the requirement to prepare such a statement under the Charities SORP FRS 102 Update Bulletin 1.

## 2. DONATIONS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Donations	61,905	58,581
Legacies	-	77,900
Gift Aid	4,946	4,010
	<u>66,851</u>	<u>140,491</u>

## 3. ACTIVITIES FOR GENERATING FUNDS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Sponsorship	10,000	10,000
	<u>10,000</u>	<u>10,000</u>

## 4. COSTS OF GENERATING FUNDS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Costs of generating voluntary income	2,684	2,464
Costs of generating sponsorship income	7,748	7,113
Costs of fundraising events	5,905	3,523
	<u>16,337</u>	<u>13,100</u>

## 5. CHARITABLE ACTIVITIES

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Educating the public/awareness raising	31,264	25,693
Patient support	51,802	20,653
Improving outcomes	26,623	20,790
Governance costs (note 6)	7,449	7,640
	<u>117,138</u>	<u>74,776</u>

							Year Ended 31.12.19	Year Ended 31.12.18
	Grants	Public Relations	Management and administration	Salaries and expenses	Total Support Costs	Total Governance costs	Total activities	Total activities
<b>Costs of generating funds</b>	£	£	£	£		£	£	£
Director costs	-	5,905	3,899	6,533	16,337	-	16,337	13,100
<b>Charitable activities</b>								
Educating the public/awareness raising	-	1,902	11,910	17,452	31,264	2,225	33,489	30,187
Patient Support	-	119	15,078	36,605	51,802	4,666	56,468	22,900
Improving outcomes	21,443	-	806	4,374	26,623	558	27,181	21,689
<b>Total</b>	21,443	2,021	27,794	58,431	109,689	7,449	117,138	74,776
Governance costs	-	-	7,449	-	7,449	(7,449)	-	-
<b>Total support costs</b>	21,443	2,021	35,243	58,431	117,138	-	117,138	74,776

## 6. GOVERNANCE COSTS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Accountancy and book-keeping	1,134	1,196
Incidental expenses	938	770
Independent examination	720	720
Secretariat	2,275	1,889
Board travel, training and expenses	1,873	2,557
	<u>7,449</u>	<u>7,640</u>

## 7. NET INCOME/(EXPENDITURE)

Net resources are stated after charging/(crediting):	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Independent examination fees	720	720
	<u>720</u>	<u>720</u>

## 8. STAFF COSTS AND EMOLUMENTS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Salaries and fees	58,294	43,327
Social Security costs	2,552	1,036
Pension	1,511	643
Homeworking costs	963	64
	<u>63,320</u>	<u>45,070</u>

There were no employees whose emoluments as defined for taxation purposes amounted to over £60,000 in the period. The average number of employees analysed by function was:

	2019	2018
Management and Administrative staff	2.3	1.7

The average number of employees, calculated on a full-time equivalent basis was 1.7 (2018: 1.25). There was 1 full-time (2018: 1) and 2 part-time (2018: 1) members of staff employed during the year.

## 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2019.

### Trustees' Expenses

Trustees' travel expenses paid for the year ended 31 December 2019 totalled £753 (2018: £874). Expenses were paid to 4 Trustees (2018: 3 Trustees).

The trustees consider that they, and the Clerk to the trustees, comprise the key management of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. The trustees receive no remuneration. During this period the Charity has employed a full time Head of Fundraising to support the income generation and development of the charity.

## 10. DEBTORS AND PREPAYMENTS

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Prepayments and accrued income	57,110	181,875
	<u>57,110</u>	<u>181,875</u>

£150,000 was granted to Action Bladder Cancer UK from the Barbara Naylor Charitable Trust in 2017, of this, £50,000 is still included within debtors as at 31.12.19. This is due to be paid in 2020.

## 11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Year Ended 31.12.19	Year Ended 31.12.18
	£	£
Other creditors	3,523	2,364
Accruals and deferred income	11,628	7,217
	<u>15,151</u>	<u>9,581</u>

## 12. MOVEMENT IN FUNDS

	At 31.12.18	Income	Expenditure	Net movement in funds	At 31.12.19
	£	£	£	£	£
<b>Unrestricted funds</b>					
General fund	334,005	121,356	(133,474)	(12,118)	<b>321,887</b>
<b>TOTAL FUNDS</b>	<u>334,005</u>	<u>121,356</u>	<u>(133,474)</u>	<u>(12,118)</u>	<u><b>321,887</b></u>

## ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Net Current Assets 31.12.19 £	Net Current Assets 31.12.18 £
<b>Unrestricted funds</b>		
General fund	321,887	334,005
<b>TOTAL FUNDS</b>	<u>321,887</u>	<u>334,005</u>

### 13. RELATED PARTY DISCLOSURES

There were no related party transactions during the year ended 31<sup>st</sup> December 2019.

### 14. CONTROL

The charity is controlled by its board of Trustees.

Action Bladder Cancer UK  
Detailed Statement of Financial Activities  
for the Year Ended 31 December 2019

	Year Ended 31.12.19 £	Year Ended 31.12.18 £
<b>Income</b>		
Donations	61,905	55,581
Gift Aid	4,946	4,010
Legacies	-	77,900
In-kind income	-	-
<b>Activities for generating funds</b>		
Sponsorship	10,000	10,000
Fundraising events	43,941	21,620
Interest received	564	-
<b>Total income</b>	<hr/> 121,356	<hr/> 172,111
<b>EXPENDITURE</b>		
<b>Costs of generating funds</b>		
Costs of generating voluntary income	2,684	2,464
Costs of generating sponsorship income	7,748	7,113
Costs of fundraising events	5,905	3,523
	<hr/> 16,337	<hr/> 13,100
<b>Charitable activities</b>		
Patient Information (in-kind expenditure)	-	-
Educating the public/awareness raising	31,264	25,693
Patient support	51,802	20,653
Improving outcomes	26,623	20,790
	<hr/> 109,689	<hr/> 67,136
<b>Governance costs</b>		
Accountancy and book-keeping	1,134	1,196
Incidental expenses	938	770
Independent examination	720	720
Secretariat	2,275	1,889
Insurance	509	508
Board travel, training and recruitment	1,873	2,557
	<hr/> 7,449	<hr/> 7,640
<b>Total expenditure</b>	<hr/> 133,475	<hr/> 87,876
<b>Net (expenditure) / income</b>	<hr/> <hr/> (12,119)	<hr/> <hr/> 84,235

This page does not form part of the statutory financial statements